



Activities for Families at Home

Make Your Own



Create Your Own Sensory Mats

Sensory Bags are easy to make and can entertain your child for hours. Make different colors, fill them with different materials, etc. Use them on a light box/tablet for building consistent visual behaviors, draw shapes/letters/designs, or work on using hands/fingers to explore and move the material in the bag.

Website for Instructions: <https://www.craftsbycourtney.com/how-to-crafts/create-a-colorful-glitter-and-gel-sensory-bag/>

Tactile Experience Books

Is your family participating in some new routines/activities/experiences during this extended time together?

Did your family have a celebration/vacation/event in the past few months that you've been waiting for the time to document/recollect on/review photos from?

Use objects/materials/photos/scents from that event to create experience books/boxes to help your child recall the event and relive those moments through an accessible literacy activity. Further information and a how-to guide can be found at:

<https://www.pathstoliteracy.org/topic/emergent-literacy/tactile-experience-books>



Pinterest: Endless Ideas

Check out Pinterest for a wealth of easy to make items to use for sensory input, play, education, tactile exploration, etc. Here's a search page to get you started!:

[https://www.pinterest.com/search/pins/?rs=ac&len=2&q=deafblind%20activities%20for%20kids&eq=deafblind&etslf=4488&term_meta\[\]=deafblind%20activities%20for%20kids%7Cautocomplete%7C0](https://www.pinterest.com/search/pins/?rs=ac&len=2&q=deafblind%20activities%20for%20kids&eq=deafblind&etslf=4488&term_meta[]=deafblind%20activities%20for%20kids%7Cautocomplete%7C0)
