



Hand Under Hand Guidance

Hands are very important for a learner who is deaf-blind. They provide a means of gathering information and interacting with the world. They help a learner participate in activities, stimulate curiosity, and independence.

Using a Hand under Hand approach is a non-intrusive way to support a learner to explore and use their hands rather than taking the learner's hands and moving them through an action or activity.

Supporting a learner using a Hand Under Hand approach includes:

- Inviting a learner to put their hands-on top of your hands to feel what you are doing or grasp an object. Slowly rotate your hands so the learner is introduced to the object or activity.
- Bring an activity or object up and under a learner's hands.
- Gradually withdraw your hands until the learner's fingers touch the object being explored.
- If a learner withdraws their hands, continue to do what you are doing and reinvite the learner to participate.

If you would like more information, please contact the
Idaho Project for Children and Youth with Deaf-Blindness

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